

Team Summit  
25th Annual  
"Bike-A-Thon"  
Saturday, August 16, 2008

Team Summit's Bike-A-Thon is a great opportunity for you to have some fun, earn money for your 2008/09 program fees and benefit Team Summit. The Bike-A-Thon is scheduled for Saturday, August 16, 2008. Riders will meet at the Frisco Senior Center at 10:00AM. We are offering a selection of four rides to suit your individual ability and preference. *All riders under age 9 must be accompanied by a parent.*

Ride #1, "Green" - Beginner: Begin at the Frisco Senior Center on the bike path. Ride to the Breckenridge and back. 11 miles round trip, approximate time 2 hours.

Ride #2, "Green" - Beginner: Begin at the Frisco Senior Center on the bike path. Ride to the Lake Dillon Marina and back. 13 miles round trip, approximate time 2 hours.

Ride #3, "Blue" - Intermediate: Begin at the Frisco Senior Center on the bike path. Ride to the Copper Mountain and back. 24 miles round trip, approximate time 2.5 hours.

Ride #4, "Black" - Most Difficult: Begin at the Frisco Senior Center on the bike path. Ride to the top of Vail Pass and back. 34 miles round trip, approximate time 3 hours.

**Please meet at the Frisco Senior Center prior to the 10:00 AM start time to be placed with a group. All rides must be completed by 4pm at the latest, with all riders checking back in at the Senior Center to have your mileage verified by an official.**

Groups of six to seven kids will be placed with a group leader. The group leader will be in charge of their riders and the group must stay together. Each group leader will carry a cell phone to contact our base at the Peninsula in case of an emergency. A pick-up truck will be dispatched from the Peninsula to assist anyone in an emergency.

**ANYONE INTERESTED IN RIDING AN ALTERNATE ROUTE MUST CONTACT MIKE HUBBELL AT 719.499.6006.**

**How it works:**

**Registering:** Complete the attached registration form and return it to Team Summit at P.O. Box 3307, Copper Mountain, CO 80443. Or drop by the office. Applications must be received at Team Summit by Friday, August 8, 2008.

**Getting your pledges:** Prior to the event, participants obtain donations (or pledges for donations) for each lap or mile completed. Pledges can be obtained from family members, friends, neighbors, local businesses, or anyone else you can think of! All pledges are collected by the riders and their parents. Pledges are payable to Team Summit.

**Your pledge log:** Use the attached log to record your pledges and contributions. You can use one log, or make as many copies as you need of the attached form. If you are sending the letter and log by mail (say to your Grandparents) make sure they return the log to you.

**Contributions and your percentage:** Our Federal Tax ID number, if someone should ask, is #74-2529909. 60% of your total pledges will be applied directly to your individual 2008-09 Team Summit program fees.

**Your sponsors:** By letting people know how many laps or miles the rider expects to complete, a donor will have a better idea of how much he may be committed to contribute. Donors enjoy knowing how many laps or miles the kids complete. A suggested letter to send or give your sponsors is enclosed. Make as many copies as you need. You may also collect the donations up front, if preferred, to make it easier for the donor. Record all pages on the pledge sheet and return it to Team Summit with your donations before you register for the 2008-09 season.

**Your tuition credit:** The more pledges you earn, the bigger your credit. Help out mom & dad earn your keep on Team Summit by going out & earning pledges today.

#### **Details!**

**What to bring:** A backpack, a snack, tons of water or a hydration pack, adequate clothing including rain gear, a tuned bicycle, sunscreen and strong legs! ***Helmets are mandatory.***

**Food:** *Please be prepared!* For those riding longer rides bring energy bars, snacks, and PLENTY of water.

**Mileage not time!** Remember, this is not a race. Although you may want to challenge your teammates or coaches to a "race" to add interest to the event, the purpose of the Bike-A-Thon is to ride for miles, not for time. To this end, we expect neighborly and appropriate use of the Summit County recreational paths, and a respect of all trails and closures at the around the Peninsula.

**Weather:** We will ride rain or shine so be prepared for inclement weather!

**Finishing the Ride:** After completing your ride, you must check in with an official to have your Pledge Sheet signed. All riders must return to the Senior Center by 4:00 PM unless pre-arranged with Mike Hubbell.

**Risk:** All riders must understand that there is inherent risk to biking and Team Summit is not liable for any injuries sustained while riding in the Bike-A-Thon. All riders assume all responsibility and risk involved in participating in the Bike-A-Thon.

**Guest riders:** Parents and friends are invited to ride with the groups as long as anyone who is not a Team Summit member signs a liability release.

**More Information:** Call Mike Hubbell at 719.499.6006 or Shannon Lee at 970.968.2318 x40010.

**VSF hours:** This is a great way to train and one of the most fun opportunities for parents to obtain their Volunteer Support Fee Hours. Anyone interested in being a group leader

contact Mike ASAP. Group leaders must be at least 21 years of age and have their own cell phone. Group leaders must be strong bikers.

**Start getting in shape, get your bikes tuned, get out and get some pledges, and let's have lots of fun with the "Bike-A-Thon 2008" for our Team Summit!**

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### **BIKE-A-THON GROUP LEADER RESPONSIBILITIES**

1. Keep the group together throughout the ride.
2. Take needed rests and breaks.
3. Leaders must have a cell phone.
4. The leader rides only as fast as the slowest bike, or the groups must have another adult to follow behind the group.
5. Supervise all highway crossings until last rider is crossed.
6. Bring a back pack to carry first aid supplies and snacks.
7. Remind your riders the Bike-A-Thon is not a race.
8. Observe all bike path and off road trail rules and courtesies.
9. For small children, the Lake Dillon ride is all downhill. Please take appropriate time on the return as it is a long uphill ride.
10. Call the base at the Senior Center if you have an injured rider, or bikers experiencing mechanical problems. A Team Summit vehicle will be dispatched to pick up the rider. The base number will be distributed at check in.